

8 KYU Jodo8th grade, white belt

杖道八級

Hachi-kyu (八級), shiro-obi (白帯)

REIGISAHO

JO-MOCHI-CHOKURITSU-TAI
RITSU-REI
SUWARI-KATA
SEIZA-TAI
ZA-REI
TACHI-KATA

JO-NO-KAMAE

MAI-ICHIMONJI-KAMAE
YOKO-ICHIMONJI-KAMAE (MIGI/HIDARI)
TENCHI-KAMAE
TENCHI-JIN-KAMAE
CHUDAN-KAMAE
JODAN-KAMAE
GEDAN-KAMAE (WAKI-KAMAE)

SOKUTAI-DOSA

OKURI-ASHI
HIKI-ASHI
MIGI-UTSURI-ASHI
HIDARI-UTSURI-ASHI
TSUME-ASHI
AYUMI-ASHI
IRIMI-TAI

UKEMI

JO-MOCHI-MAE-UKEMI
 TSUME-ASHI MAE-UKEMI
 AYUMI-ASHI MAE-UKEMI
JO-MOCHI-USHIRO-UKEMI
 SONOBA-USHIRO-UKEMI
 TSUME-ASHI USHIRO-UKEMI
 AYUMI-ASHI USHIRO-UKEMI

7 KYU Jodo

杖道七級

7th grade, white belt, white hakama

Nana-kyu (七級), shiro-obi (白帯), shiro bakama (白袴)

SOKUTAI-DOSA

CHIDORI-ASHI

NEKO-ASHI

TENKAN-TAI

UKEMI

JO-MOCHI-KIHON-TENSHIN-UKEMI

JO-MOCHI-RENZOKU-TENSHIN-UKEMI

MA-AI

CHIKA-MA-AI

CHU-MA-AI

TO-MA-AI

6 KYU Jodo

杖道六級

6th grade, white belt, white hakama

Roku-kyu (六級), shiro-obi (白帯), shiro bakama (白袴)

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5 KYU Jodo**杖道五級**5th grade, white belt, white hakama

Go-kyu (五級), shiro-obi (白帯), shiro bakama (白袴)

UCHI-WAZA / UKE-WAZA**MAE-ICHIMONJI-KAMAE****UCHI-JO****SHOMEN-UCHI****HIDARI-MEN-UCHI****MIGI-MEN-UCHI****HIDARI-DO-UCHI****MIGI-DO-UCHI****HIDARI-KOTE-UCHI****MIGI-KOTE-UCHI****JODAN-TSUKI****CHUDAN-TSUKI****UKE-JO****/ JODAN-ICHIMONJI-UKE****/ JODAN-UCHI-KAESHI-UKE****/ JODAN-UCHI-KAESHI-UKE****/ CHUDAN-TENCHI-UKE****/ CHUDAN-TENCHI-UKE****/ HIKI-KAWASHI****/ HIKI-KAWASHI****/ JODAN-UCHI-BARAI-UKE****/ CHUDAN-UCHI-KAESHI-UKE****CHUDAN-KAMAE****SURI-AGE-UCHI****UCHI-JO****SURI-AGE-SHOMEN-UCHI****SURI-AGE-YOKOMEN-UCHI****SURI-AGE-DO-UCHI****SURI-AGE-KOTE-UCHI****SURI-AGE-JODAN-TSUKI****UKE-JO****/ JODAN-ICHIMONJI-UKE****/ JODAN-UCHI-KAESHI-UKE****/ JODAN-UCHI-KAESHI-UKE****/ HIKI-KAWASHI****/ JODAN-UCHI-BARAI-UKE****4 KYU Jodo****杖道四級**4th grade, white belt, white hakama

Yon-kyu (四級), shiro-obi (白帯), shiro bakama (白袴)

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3 KYU Jodo**杖道三級**3rd grade, brown belt, white hakama

San-kyu (三級), chairo-obi (茶色帯), shiro bakama (白袴)

UCHI-WAZA**MIGI- / HIDARI-CHUDAN-KAMAE KARA**

(右左中段構から)

NIDAN-UCHI

(2段打ち)

SANDAN-UCHI

(3段打ち)

UCHI-HIKI

(打ち引き)

HIKI-UCHI-NO-KUMIUCHI

(引き打ちの組み打ち)

KIME-TAOSHI- / OSAE-GIME-WAZA**KIHON-JO-KIME-NAGE****TORI****UKE****SOTO-KOTE-SHIBORI**/ **KATATE-DORI (NO-KIME-TAOSHI)** (片手捕りの決め倒し)**UCHI-KOTE-SHIBORI**/ **TAGAI-DORI (NO-KIME-TAOSHI)** (互捕りの決め倒し)**HIJI-SHIBORI**/ **SODE-DORI (NO-KIME-TAOSHI)** (袖捕りの決め倒し)**UCHI-KOTE-SHIBORI**/ **MUNE-DORI (NO-KIME-TAOSHI)** (胸捕りの決め倒し)**KIHON-JO-KIME-OSAE-GIME****TORI****UKE****SOTO-KOTE-SHIBORI-OSAE-GIME**/ **KATATE-DORI (OSAE-GIME)** (片手捕り押さえ極め)**UCHI-KOTE-SHIBORI-OSAE-GIME**/ **TAGAI-DORI (OSAE-GIME)** (互捕り押さえ極め)**HIJI-SHIBORI-OSAE-GIME**/ **SODE-DORI (OSAE-GIME)** (袖捕り押さえ極め)**UCHI-KOTE-SHIBORI-OSAE-GIME**/ **MUNE-DORI (OSAE-GIME)** (胸捕り押さえ極め)**2 KYU Jodo****杖道二級**2nd grade, brown belt, white hakama

Ni-kyu (二級), chairo-obi (茶色帯), shiro bakama (白袴)

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1 KYU Aikido

合気道一級

1st grade, blue belt, white hakama

Ik-kyu (一級), kon-obi (紺帯), shiro bakama (白袴)

UKE-KAESHI-WAZA

UKE-KAESHI-UCHI/NAGE

UCHI-JO

UKE-KAESHI-UCHI-GARI

UKE-KAESHI-KOSHI-GURUMA

UKE-KAESHI-KAKAE-KOSHI-GURUMA

UKE-KAESHI-GYAKU-KAKAE-KOSHI-GURUMA

UKE-JO

/ SHOMEN-UCHI

/ YOKOMEN-UCHI

/ SHOMEN-UCHI

/ DO-UCHI

TORI-JO

TSUKI- / UCHI-WAZA

TORI

KOSHI-ORI-TOASHI

KOSHI-ORI-MAWASHI

KOSHI-ORI-TOASHI

KOSHI-ORI-MAWASHI

UKE

/ JODAN-TSUKI (MIGI-TE)

/ JODAN-TSUKI (HIDARI-TE)

/ SHOMEN-UCHI (MIGI-TE)

/ SHOMEN-UCHI (HIDARI-TE)

JO-MOROTE-DORI

HIKI-OTOSHI

OSHI-KAESHI

TSURI-KAESHI

TSURI-OTOSHI

JO-RYOTE-DORI

TSURIKOMI-KAESHI

Three sample forms for Jodo Dan committee 杖道段審査会の形参考例

SHODAN (初段)

Sample 1

例1

Uchi-jo	打杖	Uke-jo	受杖
KATATE-OSAE-GIME-TAOSHI (Migi/Hidari)	片手抑決倒(右左)	KATATE-DORI	片手捕
SHOMEN-UCHI (Migi/Hidari-uchi)	正面打(右左打)	JODAN-ICHIMONJI-UKE	上段一文字受
CHUDAN-TSUKI (Migi/Hidari-tsuki)	中段突(右左突)	CHUDAN-HARAI-UKE	中段払受
KOTE • SHOMEN-UCHI (Migi/Hidari)	甲手 • 正面打(右左)	HIKI-KAWASHI • JODAN-ICHIMONJI-UKE	引きかわし • 上一文字受
MEN-UKE • KAESHI YOKOMEN-UCHI (Migi/Hidari)	面受返横面打(右左)	SHOMEN-UCHI • YOKOMEN-AKE	正面打 • 横面あけ

Sample 2

例2

Uchi-jo	打杖	Uke-jo	受杖
TAGAI-OSAE-GIME-TAOSHI (Migi/Hidari)	互抑決倒(右左)	TAGAI-KATATE-DORI	互片手捕
SODE-OSAE-GIME-TAOSHI (Migi/Hidari)	袖抑決倒(右左)	SODE-DORI	袖捕
JODAN-TSUKI (Migi/Hidari)	上段突(右左)	JODAN-HARAI-UKE	上段払受
DO • SHOMEN-UCHI (Migi/Hidari)	胴 • 正面打(右左)	CHUDAN-TENCHI • JODAN-ICHIMONJI-UKE	中段天地 • 上一文字受
SHOMEN-UKE • KAESHI-DO (Migi/Hidari)	正面受返胴(右左)	SHOMEN-UCHI • DO-AKE	正面打 • 胴あけ

Sample 3

例3

Uchi-jo	打杖	Uke-jo	受杖
MUNE-OSAE-GIME-TAOSHI (Migi/Hidari)	胸抑決倒(右左)	MUNE-DORI	胸捕
YOKOMEN-UCHI (Migi/Hidari)	横面打(右左)	JODAN-UCHI-KAESHI-UKE	上打返受
DO-UCHI (Migi/Hidari)	胴打(右左)	TENCHI-UKE	天地受
SHOMEN • DO-UCHI (Migi/Hidari)	正面 • 胴打(右左)	UKE-ICHIMONJI • CHU-TENCHI-UKE	受一文字 • 中天地受
DO-UKE • KAESHI SHOMEN (Migi/Hidari)	胴受返正面(右左)	DO-UCHI • MEN-AKE	胴打 • 面あけ

NIDAN (二段)

Sample 1

例1

Uchi-jo	打杖	Uke-jo	受杖
OSHI-KAESHI-TAOSHI (Migi/Hidari-kamae)	押返倒(右左構)	MOROTE-JO-TORI	双手杖捕
TAGAI-OSAE (Migi/Hidari)	互抑極(右左)	TAGAI-KATATE-DORI	互片手捕
KOTE • JODAN-TSUKI (Migi/Hidari)	甲手 • 上段突(右左)	HIKI-KAWASHI • JODAN-HARAI-UKE	引きかわし • 上払受
KOTE-KAWASHI • MEN (Migi/Hidari)	甲手交し面(右左)	KOTE-UCHI • MEN-AKE	甲手打 • 面あけ
UCHIKOMI-USHIRO-GARI (Migi/Hidari)	打込後刈(右左)	ICHIMONJI-UKE • USHIRO-UKEMI	一文字受 • 後受身

Sample 2

例2

Uchi-jo	打杖	Uke-jo	受杖
TSURI-KAESHI-TAOSHI (Migi/Hidari-kamae)	釣返倒(右左構)	MOROTE-JO-TORI	双手杖捕
KATATE-OSAE (Migi/Hidari)	片手抑極(右左)	KATATE-DORI	片手捕
SHOMEN • JODAN-TSUKI (Migi/Hidari)	正面 • 上段突(右左)	ICHIMONJI-UKE • CHU-HARAI-UKE	一文字受 • 中払受
YOKOMEN-UKE • KAESHI DO-UCHI 横面受 • 返胴打(右左) (Migi/Hidari)		MIGI-MEN-UCHI • DO-AKE	右面内 • 胴あけ
ICHIMONJI-UKE • UCHI-GARI (Migi/Hidari)	一文字受 • 内刈(右左)	SHOMEN-UCHI	正面打

Sample 3

例3

Uchi-jo	打杖	Uke-jo	受杖
TSURI-KAESHI-NAGE (Migi/Hidari-kamae)	釣返投(右左構)	MOROTE-JO-TORI	双手杖捕
SODE-OSAE (Migi/Hidari)	袖抑極(右左)	SODE-DORI	袖捕
KOTE • CHUDAN-TSUKI (Migi/Hidari)	甲手 • 中段突(右左)	HIKI-KAWASHI • CHU-HARAI-UKE	引きかわし • 中払受
MEN-UKE • DO-KAESHI (Migi/Hidari)	面受 • 胴返(右左)	SHOMEN-UCHI • DO-AKE	正面打 • 胴あけ
DO-UKE • KOSHI-GURUMA (Migi/Hidari)	胴受 • 腰車(右左)	DO-UCHI • UKI-UKE	胴打 • 浮受

SANDAN (三段)

Sample 1

例1

Uchi-jo	打杖	Uke-jo	受杖
TSURIKOMI-KAESHI-NAGE (Migi/Hidari-kamae)	釣込返投(右左構)	RYOTE-JO-TORI	両手杖捕
MAE-KOSHI-ORI-NAGE (Migi-kamae)	前腰折投(右構)	TSUKI or UCHI	突と打
MEN • DO-UCHI-HIKI (Migi/Hidari-kamae)	面 • 胴打引(右左構)	ICHIMONJI • TENCHI-UKE	一文字 • 天地受
KOTE-KAWASHI • JODAN-TSUKI (Migi/Hidari)	甲手交し • 上突(右左)	KOTE-UCHI • JODAN-HARAI-UKE	甲手打 • 上払受
SHOMEN-UCHI • KAKAE-KOSHI (Migi/Hidari)	正面打 • 抱腰(右左)	ICHIMONJI-UKE • UKI-UKE	一文字受 • 浮受

Sample 2

例2

Uchi-jo	打杖	Uke-jo	受杖
TSURI-OTOSHI-NAGE (Migi/Hidari-kamae)	釣落投(右左構)	MOROTE-JO-TORI	双手杖捕
MUNE-OSAE-GIME (Migi/Hidari)	胸抑極(右左)	MUNE-DORI	胸捕
DO • MEN-UCHI-HIKI (Migi/Hidari-kamae)	胴 • 面打引(右左構)	TENCHI-UKE • MEN-AKE	天地受 • 面あけ
KOTE-KAWASHI • DO-UCHI (Migi/Hidari)	甲手交し • 胴打(右左)	KOTE-UCHI • TENCHI-UKE	甲手打 • 天地受
TENCHI-UKE • GYAKU-KAKAE (Migi/Hidari)	天地受 • 逆抱(右左)	DO-UCHI • UKEMI	胴打受身

Sample 3

例3

Uchi-jo	打杖	Uke-jo	受杖
AYA-KAESHI-NAGE (Migi/Hidari-kamae)	綾返投(右左構)	RYOTE-JO-TORI	両手杖捕
USHIRO-KOSHI-ORI-TAOSHI (Migi/Hidari)	後腰折倒(右左)	UCHI or TSUKI	打と突
KOTE • MEN-UCHI-HIKI (Migi/Hidari-kamae)	甲手面打引(右左)	KOTE-KAWASHI • MEN-UKE • DO-UCHI	甲手交 • 面受 • 胴打
KOTE-KAWASHI • CHUDAN-TSUKI (Migi/Hidari)	甲手交中突(右左)	KOTE-UCHI • CHUDAN-BARAI	甲手打 • 中段払
DO-UKE • SEOI-MAKI (Migi/Hidari)	胴受背負巻(右左)	DO-UCHI • UKI-UKE	胴打 • 浮受